



SCHEDULE TEAM 19 SWEDEN
5 Nations Tournament in Deggendorf,
Germany, during February 8-13 2016



TEAM 19

Date	Time	Activity	Venue
Sun. Feb 7	~19.30	Check in and dinner	Arlanda Hotellby
Mon. Feb 8	06.45	Assembly	Arlanda T5
	08.35	Departure with SK847	Arlanda T5
	09.35	Arrival to Oslo	
	10.05	Departure with SK4759	Gardemoen airport
	12.20	Arrival to Munich	Munich airport, T2
		Bus to the arena and hotel (75 min)	
	~14.45	Check in and lunch	Hotel NH Deggendorf
	18.00	Bus to arena (max 10 min)	
	19.15-20.15	Ice practice	Eisstadion Deggendorf
	21.15	Bus to hotel	
	21.30	Dinner	Hotel NH Deggendorf
	21.45	Team meeting	Hotel NH Deggendorf
Tue. Feb 9		Breakfast	Hotel NH Deggendorf
	10.00	Bus to the arena	
	11.00-11.45	Ice practice	Eisstadion Deggendorf
	12.30	Bus to the hotel	
	12.45	Lunch	Hotel NH Deggendorf
	17.15	Pre game meal (pasta and sauce)	Hotel NH Deggendorf
	17.45	Bus to the arena	
	20.00	GAME GER-SWE	Eisstadion Deggendorf
	~23.00	Bus to the hotel	
	~23.00	Dinner	Hotel NH Deggendorf
Wed. Feb 10		Breakfast	Hotel NH Deggendorf
	07.45	Bus to the arena	
	08.45-09.15	Ice practice	Eisstadion Deggendorf
	10.00	Bus to the hotel	
	12.30	Lunch	Hotel NH Deggendorf
	13.15	Bus to the arena	
	15.30	GAME CZE-SWE	Eisstadion Deggendorf
	~18.30	Bus to the hotel	
	~18.45	Dinner	Hotel NH Deggendorf
	21.30	Evening snack	Hotel NH Deggendorf
Thu. Feb 11		Breakfast	Hotel NH Deggendorf
	07.00	Bus to the arena	
	08.00-08.45	Ice practice	Eisstadion Deggendorf
	09.30	Bus to the hotel	
	12.45	Lunch	Hotel NH Deggendorf
	13.15	Bus to the arena	
	15.30	GAME SWE-SUI	Eisstadion Deggendorf
	~18.30	Bus to the hotel	
	~18.45	Dinner	Hotel NH Deggendorf
	21.30	Evening snack	Hotel NH Deggendorf
Fri. Feb 12	09.30	Breakfast	Hotel NH Deggendorf
	09.45	Bus to the arena	
	11.00-12.00	Ice practice	Eisstadion Deggendorf
	13.00	Bus to the hotel	
	13.15	Lunch	Hotel NH Deggendorf
	18.00	Dinner	Hotel NH Deggendorf
	21.30	Evening snack	Hotel NH Deggendorf

Sat. Feb 13		Breakfast	Hotel NH Deggendorf
	10.30	Lunch	Hotel NH Deggendorf
	10.45	Bus to the arena	
	13.00	GAME SWE-FIN	Eisstadion Deggendorf
	~16.00	Bus to the hotel	
	~16.15	Dinner	Hotel NH Deggendorf
		Bus to Munich airport	
	21.10	Departure with SK2660	
	23.25	Arrival to Stockholm	Arlanda T5
		Home journeys or overnight stay	

Sun. Feb 14		Breakfast	Clarion Hotel Arlanda
		Home journeys	

Team leaders

Nitze Landén	Team Manager/Goalie Coach
Tomas Montén	Head Coach
Anders Johansson	Assistant Coach
Arne Wickström	Doctor
Pär Thures	Physiotherapist
Per-Åke Bäckman	Equipment Manager

Hotels

Best Western Arlanda Hotellby, Bristagatan 22, 195 60 Arlanda-Arlandastad

Hotel NH Deggendorf, Edlmairstrasse 4, 94469 Deggendorf, Germany

Clarion Hotel Arlanda, Tornvägen 2, 190 45 Stockholm-Arlanda