Game and Practice schedule

U17 5 NATIONS TOURNAMENT 2017 13-17 APRIL, 2017 DMITROV, RUSSIA (arrival date – 12 April, 2017 departure day – 18 April, 2017)

Wednesday, 12 April – arrival day

11:30 - 12:30	Ice practice	main arena	SUI
15:30 - 16:30	Ice practice	main arena	CZE
16:45 - 17:45	Ice practice	main arena	FIN
18:00 - 19:30	Ice practice	main arena	RUS
20:30 - 21:30	Ice practice	main arena	SUI
20:00 - 21:00	Ice practice	training arena	SWE

Thursday, 13 April

08.00 - 08.45 ice practice (CZE
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- 09.00 09.45 ice practice SUI
- 10.00 10.45 ice practice FIN
- 11.00 11.45 ice practice RUS

12.00 - 13.15 ice practice SWE main arena

14.30	game SUI – CZE	2 hours - gym (30 min before and after the game)
18.00	game RUS – FIN	2 hours - gym 30 min before and after the game)

Friday, 14 April

18.00 game RUS – SUI	2 hours - gym (30 min before and after the game)
14.30 game FIN - SWE	
12.00 - 13.15 ice practice	CZE training arena
11.00 - 11.45 ice practice	RUS
10.00 - 10.45 ice practice	SUI
09.00 - 09.45 ice practice	FIN
08.00 - 08.45 ice practice	SWE

Saturday, 15 April

08.00 - 08.45 ice practice	SWE
09.00 - 09.45 ice practice	CZE
10.00 - 10.45 ice practice	FIN
11.00 – 11.45 ice practice	SUI
12.00 - 13.15 ice practice	RUS training arena
14:30 game CZE – SWE	2 hours - gym (30 min before and after the game)
18:00 game SUI – FIN	2 hours - gym (30 min before and after the game)

Sunday, 16 April

- 08.00 08.45 ice practice SWE
- 09.00 09.45 ice practice SUI
- 10.00 10.45 ice practice CZE
- 11.00 –11.45 ice practice RUS
- 12.00 13.15 ice practice FIN training arena
- 14:30 game SWE SUI 2 hou
- 18:00 game CZE RUS
- 2 hours gym (30 min before and after the game) 2 hours - gym (30 min before and after the game)
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- 2 hours gym (50 mm before and after the gam

Monday, 17 April

- 08.00 08.45 ice practice FIN
- 09.00 09.45 ice practice CZE
- 10.00 10.45 ice practice SWE
- 11.00 11.45 ice practice RUS
- 14:30game FIN CZE2 hours gym (30 min before and after the game)18:00game SWE RUS2 hours gym (30 min before and after the game)
- 18:00 game SWE RUS 2 hours gym (30 min before and after the game <u>Tuesday, 18 April – departure day</u>