



“RUSSIN” CAMP Team 18

In Falun during May 30 – June 3 2018

Date	Time	Activity	Venue
Wed. May 30	08.30	Assembly, see travel plan	Falun
	09.00	Off ice practice/tests	Falun
	TBA	Bus from Arlanda T4 to Falun	Arlanda T4
	12.30	Assembly all players	Falun
	13.00	Lunch	Falun
	14.00-19.00	Off ice practice/tests	Falun
	20.30-21.30	Ice practice	Lugnets ishall
Thu. May 31	07.30	Breakfast	Scandic Lugnet
	09.00-09.30	Ice practice, goalie	Lugnets ishall
	09.30-10.45	Ice practice, yellow	Lugnets ishall
	14.00-14.30	Ice practice, goalie	Lugnets ishall
	14.30-15.20	Ice practice, yellow	Lugnets ishall
	18.00	GAME YELLOW – BLUE (3x15 min)	Lugnets ishall
	Fri. June 1	07.30	Breakfast
11.00-11.15		Ice practice, goalie	Lugnets ishall
11.15-12.30		Ice practice, yellow	Lugnets ishall
18.00		GAME YELLOW – BLUE (3x15 min)	Lugnets ishall
Sat. June 2		07.30	Breakfast
	13.00-13.30	Ice practice, goalie	Lugnets ishall
	13.45-15.00	Ice practice, yellow	Lugnets ishall
	17.30-18.00	Ice practice, goalie	lugnets ishall
	18.00-19.15	Ice practice, yellow	Lugnets ishall
	Sun. June 3	07.30	Breakfast
10.00		GAME YELLOW – BLUE (3x15 min)	Lugnets ishall
14.00		Bus to Arlanda T4	
		Home journeys	

You will have a daily schedule in the locker room, with all activities for the day