

Preliminary schedule for 5 Nations Tournament in Järvenpää, Finland, during February 4-10 2014



| Date | Time | Activity | Venue |
|------------|-------------|----------------------------|-----------------------------|
| Tue. Feb 4 | 11.00 | Assembly | Arlanda T5 |
| | ~11.45 | Lunch | Café & Grill |
| | 13.40 | Departure with DY4285 | Arlanda T5 |
| | 15.35 | Arrival to Helsinki | Vantaa airport |
| | | Bus to arena and hotel | т от того от р от т |
| | 17.30 | Dinner | Scandic Hotel Järvenpää |
| | 18.45 | Bus to the arena | Coarraio Fiotor Carvonpaa |
| | 20.00-21.00 | | länyonnää |
| | | Ice practice | Järvenpää |
| | 22.00 | Bus to the hotel | Coordia Hatal Jämvannää |
| | 22.10 | Dinner | Scandic Hotel Järvenpää |
| | | | |
| Wed. Feb 5 | | Breakfast | Scandic Hotel Järvenpää |
| | 08.00 | Bus to the arena | |
| | 09.00-09.30 | Ice practice | Järvenpää |
| | 10.30 | Bus to the hotel | |
| | 10.35 | Lunch | Scandic Hotel Järvenpää |
| | 13.30 | Pre game meal | Scandic Hotel Järvenpää |
| | 13.50 | Bus to the arena | • |
| | 16.00 | GAME GER-SWE | Järvenpää |
| | ~19.00 | Bus to the hotel | ou. ronpus |
| | ~19.10 | Dinner | Scandic Hotel Järvenpää |
| | 21.30 | Evening snack | Scandic Hotel Järvenpää |
| | 21.00 | Everming erident | Coarraio Frotor car Compaa |
| Thu. Feb 6 | | Breakfast | Scandic Hotel Järvenpää |
| 1110111000 | 10.50 | Bus to the arena | Coditato Flotor dal Vollpaa |
| | 12.00-13.15 | Ice practice | Järvenpää |
| | 14.15 | Bus to the hotel | Jaivenpaa |
| | 14.30 | | Coondia Hatal Jämvannää |
| | | Lunch | Scandic Hotel Järvenpää |
| | 18.00 | Dinner | Scandic Hotel Järvenpää |
| | 21.00 | Evening snack | Scandic Hotel Järvenpää |
| Fri. Feb 7 | | Breakfast | Scandic Hotel Järvenpää |
| | 08.45 | Bus to the arena | · |
| | 09.45-10.15 | Ice practice | Järvenpää |
| | 11.00 | Bus to the hotel | • |
| | ~11.05 | Lunch | Scandic Hotel Järvenpää |
| | 13.30 | Pre game meal | Scandic Hotel Järvenpää |
| | 13.50 | Bus to the arena | Coarraio Frotor dal Voripad |
| | 16.00 | GAME SWE-CZE | Järvenpää |
| | ~19.00 | Bus to the hotel | Jaivenpaa |
| | ~19.10 | Dinner | Scandic Hotel Järvenpää |
| | 21.30 | | |
| | 21.50 | Evening snack | Scandic Hotel Järvenpää |
| Sat. Feb 8 | 08.15 | Breakfast | Scandic Hotel Järvenpää |
| | | Team walk | |
| | 09.45 | Breakfast | Scandic Hotel Järvenpää |
| | 10.15 | Bus to the arena (~40 min) | |
| | 13.00 | GAME SWE-SUI | Hyvinkää |
| | ~16.00 | Bus to the hotel | - |
| | ~16.45 | Dinner | Scandic Hotel Järvenpää |
| | 21.00 | Evening snack | Scandic Hotel Järvenpää |
| | | J | 2 |

| Sun. Feb 9 | | Breakfast | Scandic Hotel Järvenpää |
|-------------|-------------|-----------------------|-------------------------|
| | 07.30 | Bus to the arena | · |
| | 08.30-09.00 | Ice practice | Järvenpää |
| | 10.00 | Bus to the hotel | · |
| | ~10.15 | Lunch | Scandic Hotel Järvenpää |
| | 13.30 | Pre game meal | · |
| | 13.50 | Bus to the arena | |
| | 16.00 | GAME FIN-SWE | Järvenpää |
| | ~19.00 | Bus to the hotel | |
| | ~19.10 | Dinner | Scandic Hotel Järvenpää |
| | 21.30 | Evening snack | Scandic Hotel Järvenpää |
| Mon. Feb 10 | | Breakfast | Scandic Hotel Järvenpää |
| | | Bus to Vantaa airport | · |
| | 09.05 | Departure with DY8242 | |
| | 09.00 | Arrival to Arlanda T5 | |
| | | Home Journeys | |

Team leaders

Jonas Fransson Team Manager
Anders Johansson Head Coach
Tomas Montén Assistant Coach
Nizze Landén Goalie Coach
Pär Thures Physiotherapist
Per-Åke Bäckman Equipment Manager

Hotel

Scandic Hotel Järvenpää, Asema-aukio, 044 00 Järvenpää