



Team Sweden Women

DAMKRONORNA

Camp in Jönköping, Sweden, and 2 Exhibition Games DEN - SWE in Copenhagen, Denmark, during June 4-13 2021

Fri. Jun 4	~13.00	Testing, assembly and lunch	Hotel
	15.00	Team meeting	Hotel
	16.30	Pre practice snack	Hotel
	18.00-18.30	Individual ice practice	Husqvarna Garden
	18.30-19.50	Ice practice	Husqvarna Garden
	20.45	Dinner	Hotel
	TBA	Team meeting	Hotel
Sat. Jun 5	07.00-08.00	Breakfast	Hotel
	09.30-10.00	Individual ice practice	Husqvarna Garden
	10.00-11.20	Ice practice	Husqvarna Garden
	12.15	Lunch	Hotel
	15.00	Pre practice snack	Husqvarna Garden
	16.00-16.30	Individual ice practice	Husqvarna Garden
	16.30-17.50	Ice practice	Husqvarna Garden
	18.45	Dinner	Hotel
	TBA	Team meeting	Hotel
	21.30	Evening snack in bag	Hotel
Sun. Jun 6	07.00-08.00	Breakfast	Hotel
	10.00-11.30	Strength and conditioning	Gymmet och TRX-hallen
	12.15	Lunch	Hotel
	15.00	Pre practice snack	Husqvarna Garden
	16.00-16.30	Individual ice practice	Husqvarna Garden
	16.30-17.50	Ice practice	Husqvarna Garden
	18.45	Dinner	Hotel
	TBA	Team meeting	Hotel
	21.30	Evening snack in bag	Hotel
Mon. Jun 7	07.00-08.00	Breakfast	Hotel
	10.00-10.30	Individual ice practice	Husqvarna Garden
	10.30-11.50	Ice practice	Husqvarna Garden
	12.45	Lunch	Husqvarna Garden
	15.00	Pre practice snack	Husqvarna Garden
	16.00-17.00	Strength and conditioning	TRX-hallen
	18.00	Dinner	Hotel
	TBA	Team meeting	Hotel
	21.30	Evening snack in bag	Hotel
Tue. Jun 8	07.00-08.00	Breakfast	Hotel
	10.00-10.30	Individual ice practice	Husqvarna Garden
	10.30-11.50	Ice practice	Husqvarna Garden
	12.45	Lunch	Husqvarna Garden
	TBA	Team activities	TBA
	TBA	Team meeting	Hotel
	21.30	Evening snack in bag	Hotel

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Wed. Jun 9	07.00-08.00	Breakfast	Hotel
	09.00-09.30	Individual ice practice	Husqvarna Garden
	09.30-10.50	Ice practice	Husqvarna Garden
	11.45	Lunch	Husqvarna Garden
	14.00-14.30	Individual ice practice	Husqvarna Garden
	14.30-15.50	Ice practice	Husqvarna Garden
	17.00	Dinner	Hotel
	TBA	Team meeting	Hotel
	20.30	Evening snack in bag	Hotel
	Thu. Jun 10	07.00-08.00	Breakfast
10.00-10.30		Individual ice practice	Husqvarna Garden
10.30-11.50		Ice practice	Husqvarna Garden
12.45		Lunch	Husqvarna Garden
15.00-16.00		Strength and conditioning	Gymmet
17.00		Dinner	Hotel
18.00		Bus to Copenhagen (-4,5 h)	Husqvarna Garden
~22.30		Check in and evening snack	Hotel
Fri. Jun 11		08.00-09.00	Breakfast
	09.10	Bus to arena	Hotel
	10.30-11.15	Pre game skate	Østerbro Skøjtehal
	12.00	Lunch	Østerbro Skøjtehal
	12.45	Bus to hotel	Østerbro Skøjtehal
	16.00	Pre game snack with pasta	Hotel
	16.30	Team meeting	Hotel
	16.50	Bus to arena	Hotel
	19.00	GAME DEN- SWE	Østerbro Skøjtehal
	~21.45	Dinner	Østerbro Skøjtehal
	~22.30	Bus to hotel	Østerbro Skøjtehal
	TBA	Team meeting	Hotel
Sat. Jun 12	08.00-09.00	Breakfast	Hotel
	09.20	Bus to arena	Hotel
	10.30-11.15	Pre game skate	Østerbro Skøjtehal
	12.00	Lunch	Østerbro Skøjtehal
	12.45	Bus to hotel	Østerbro Skøjtehal
	14.10	Team meeting	Hotel
	14.30	Pre game snack	Hotel
	14.50	Bus to arena	Hotel
	17.00	GAME DEN- SWE	Østerbro Skøjtehal
	~19.45	Dinner	Østerbro Skøjtehal
	~20.45	Bus to hotel	Østerbro Skøjtehal
	TBA	Team meeting	Hotel

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Sun. Jun 13	TBA	Breakfast	Hotel
	TBA	Bus to airport	Hotel
	08.00	Departure to Stockholm, Flight SK1416	Copenhagen airport
	09.10	Arrival	Arlanda T5
		Home journeys	

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