

Team Sweden Women

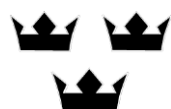
Preliminary schedule

Pre WWC Camp with exhibition game SWE-JPN in Pajulahti, Finland, during March 29-April 2 2019



Date	Time	Activity	Venue
Fri. March 29	09.15	Assembly and check in	Airport
	09.45	Lunch	Airport
	11.15	Departure	Airport
	13.10	Arrival	Airport
	13.45	Bus to Pajulahti (~1,20 h) with water and fruit on the bus	Airport
	15.30	Check in and	Pajulahti
	16.00	dinner	Pajulahti
	17.00-18.00	Team meeting	Pajulahti
	19.00-20.30	Ice practice	Pajulahti Arena
	21.30	Evening snack	Pajulahti
	Sat. March 30	06.30-07.45	Breakfast
09.00-10.30		Ice practice	Pajulahti Arena
11.30		Lunch	Pajulahti
14.15-15.00		SVT Green Screen	Pajulahti Arena
15.30-16.00		Ice practice – Goalie	Pajulahti Arena
16.00-17.30		Ice practice	Pajulahti Arena
18.30		Dinner	Pajulahti
		Team meeting	Pajulahti
21.30		Evening snack	Pajulahti
Sun. March 31	06.30-07.45	Breakfast	Pajulahti
	09.00-10.30	Ice practice	Pajulahti Arena
	11.30	Lunch	Pajulahti
	15.30-16.00	Ice practice – Goalie	Pajulahti Arena
	16.00-17.30	Ice practice	Pajulahti Arena
	18.30	Dinner	Pajulahti
	19.30-21.30	Team meeting	Pajulahti
	21.30	Evening snack	Pajulahti
Mon. April 1	06.30-07.30	Breakfast	Pajulahti
	08.30-09.30	Ice practice	Pajulahti Arena
		Snack (Team arr)	Pajulahti Arena
	11.30	Lunch	Pajulahti
	15.00	Game SWE - JPN	Pajulahti Arena
	18.00	Dinner	Pajulahti
	20.30-21.30	Team meeting	Pajulahti
	21.30	Evening snack	Pajulahti

Tue. April 2	07.00-08.45	Breakfast	Pajulahti
	10.00-11.30	Ice practice	Pajulahti Arena
	12.30	Lunch and check out	Pajulahti
	13.30	Bus to Espoo by the arena (~1,40 h)	Pajulahti Arena
	15.30-16.30	Goal Keeper Measurement	
	15.30	Check in	Espoo
	16.30	Dinner	Espoo
	17.30-19.30	Team meeting	Espoo
	20.30	Evening snack	Espoo



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Preliminary schedule

2019 IIHF Ice Hockey Women's World Championship in Espoo, Finland, during April 3-15 2019



Date	Time	Activity	Venue	
Wed. April 3	07.00-10.00	Breakfast	Espoo	
	11.30	Bus to arena	Espoo	
		Snack (Team arr.)	Espoo Metro Areena	
	12.15	Photo - individual	Espoo Metro Areena	
	13.15	Photo - team	Espoo Metro Areena	
	13.15-14.15	Ice practice	Espoo Metro Areena, Rink 1	
	15.15	Bus to hotel	Espoo Metro Areena	
	15.30	Lunch	Espoo	
	16.30-17.30	Media meeting	Espoo	
	Doctor	18.30	Medical Personal meeting	Metro Areena
	Head Coach	18.30	TRIM meeting	Metro Areena
	Team Manager	18.30	Passport meeting	Metro Areena
	Team Manager	19.30	Directorate meeting	Metro Areena
		19.30	Dinner	Espoo
		21.00-22.00	Team meeting	Espoo
	22.00	Evening snack	Espoo	
Thu. April 4	07.00-07.30	Breakfast	Espoo	
	07.15/07.30-08.00	Ice practice	Espoo Metro Areena, Rink 2	
	07.30	Team meeting	Espoo	
	08.00-08.30	Off ice practice	TBA	
	09.15	Brunch with pasta	Espoo	
	10.15	Bus to arena	Espoo	
	12.30	Game GER - SWE	Espoo Metro Areena	
	15.30	Bus to hotel	Espoo Metro Areena	
	15.45	Lunch	Espoo	
	19.00-20.00	Team meeting	Espoo	

	20.00	Dinner	Espoo
Fri. April 5	06.00-07.45	Breakfast	Espoo
	07.45	Bus to arena	Espoo
	09.00-10.00	Ice practice	Espoo Metro Areena, Rink 2
		Snack (Team arr)	Espoo Metro Areena
	11.00	Bus to hotel or team activity	Espoo Metro Areena
	12.00	Lunch	TBA
		Bus to hotel	TBA
	16.30	Dinner	Espoo
	19.00-20.00	Team meeting	Espoo
	20.00	Evening snack	Espoo
Sat. April 6	07.00-07.30	Breakfast	Espoo
	07.15/07.30-08.00	Team meeting	Espoo
	08.00-08.30	Off ice practice	TBA
	08.45-09.15	Ice practice	Espoo Metro Areena, Rink 2
	09.15	Brunch with pasta	Espoo
	10.15	Bus to arena	Espoo
	12.30	Game SWE - CZE	Espoo Metro Areena
	15.30	Bus to hotel	Espoo Metro Areena
	15.45	Lunch	Espoo
	19.00-20.00	Team meeting	Espoo
	20.00	Dinner	Espoo
Sun. April 7	06.30-07.15	Breakfast	Espoo
	07.15	Bus to arena	Espoo
	08.30-09.00	Ice practice	Espoo Metro Areena, Rink 1
	09.45	Bus to hotel	Espoo Metro Areena
	10.00	Lunch	Espoo
	13.00	Pre game snack with pasta	Espoo
	13.45	Bus to arena	Espoo
	16.00	Game FRA - SWE	Espoo Metro Areena
	19.00	Bus to hotel	Espoo Metro Areena
	19.15	Dinner	Espoo
	20.30-21.30	Team meeting	Espoo
	21.30	Evening snack	Espoo
Mon. April 8	07.00-09.00	Breakfast	Espoo
	11.15	Bus to arena	Espoo
	12.30-13.30	Ice practice	Espoo Metro Areena, Rink 2
	14.30	Bus to hotel	Espoo Metro Areena
	14.45	Lunch	Espoo
	19.00	Dinner	Espoo
	20.00-21.00	Team meeting	Espoo
	22.00	Evening snack	Espoo

Tue. April 9	07.00-07.30	Breakfast	Espoo
	07.30	Team meeting	Espoo
	08.00-08.30	Off ice practice	TBA
	08.45-09.15	Ice practice	Espoo Metro Areena, Rink 2
	09.15	Brunch with pasta	Espoo
	10.15	Bus to arena	Espoo
	12.30	Game SWE - JPN	Espoo Metro Areena
	15.30	Bus to hotel	Espoo Metro Areena
	15.45	Lunch	Espoo
	20.00	Dinner	Espoo

Wed. April 10

Schedule depending on result

Sun. April 14

Mon. April 15	05.30	Breakfast and check out	Espoo
	06.15	Bus to Airport by the arena	Espoo
	09.15	Departure	Airport
	09.15	Arrival	Airport
		Home journeys	

Team Leaders

Johanna Malmström	Team Manager
Ylva Martinsen	Head Coach
Oscar Dahlgren	Assistant Coach
Alexander Bröms	Assistant Coach
Ola Kahem	Goalie Coach
Nanna Holm Glaas	Video Coach
Ingegerd Lantz	Doctor
Erica Svensson	Physiotherapist
Jenny Lindqvist	Physiotherapist
Benny Andersson	Equipment Manager
Rickard Regnell	Equipment Manager

Game schedule

Thu	190404	12.30	GER - SWE (B)	16.00	SUI - CAN (A)	Espoo Metro Areena
		18.00	FRA - JPN (B)	19.30	FIN - USA (A)	Espoo MA, rink 2 / Espoo Metro Areena
Fri	190405	16.00	CZE - FRA (B)	19.30	RUS - SUI (A)	Espoo Metro Areena
Sat	190406	12.30	SWE - CZE (B)	16.00	RUS - FIN (A)	Espoo Metro Areena
		18.00	JPN - GER (B)	19.30	USA - CAN (A)	Espoo MA, rink 2 / Espoo Metro Areena
Sun	190407	16.00	FRA - SWE (B)	19.30	SUI - USA (A)	Espoo Metro Areena
Mon	190408	12.30	JPN - CZE (B)	16.00	FIN - SUI (A)	Espoo Metro Areena
		18.00	GER - FRA (B)	19.30	CAN - RUS (A)	Espoo MA, rink 2 / Espoo Metro Areena
Tue	190409	12.30	SWE - JPN (B)	16.00	USA - RUS (A)	Espoo Metro Areena
		18.00	CZE - GER (B)	19.30	CAN - FIN (A)	Espoo MA, rink 2 / Espoo Metro Areena
Wed	190410					
Thu	190411	12.30	QF 1	16.00	QF 2	Espoo Metro Areena
		19.30	QF 3*			Espoo Metro Areena
		14.00	Relegation P9 - P10	18.00	Q 4	Espoo Metro Areena, rink 2
Fri	190412					
Sat	190413	16.00	SF 1**	20.00	QF 2	Espoo Metro Areena
Sun	190414	16.00	Bronze Medal Game	20.00	Gold Medal Game	Espoo Metro Areena
Mon	190415		Hemresa			

* Finland will play this QF and ** SF if qualified