



Team Sweden Women

DAMKRONORNA

Exhibition Game SUI-SWE and 3 Nations Tournament in Basel, Switzerland, during December 13-19, 2021

Mon. Dec 13	12.00	Assembly, test, check-in and lunch	TBA
	15.10	Departure to Copenhagen, Flight SK1407	Arlanda Airport, T5
	16.25	Arrival	Copenhagen Airport
	18.05	Departure to Zurich, Flight SK609	Copenhagen Airport
	19.45	Arrival	Zurich Airport
	~20.15	Bus to arena and hotel in Basel (1,15 h) with fruit, baguettes and water on the bus	Zurich Airport
	~21.45	Check in and dinner	Hotel
		Team meeting	Hotel
Tue. Dec 14	08.00-09.00	Breakfast	Hotel
		Team activity	
	11.30	Lunch	Hotel
		Bus to arena	
	13.45-15.45	Ice practice	St. Jakobs Arena
		Bus to hotel	
	17.00	Dinner	Hotel
		Team meeting	Hotel
	20.30	Evening snack	Hotel
Wed. Dec 15	08.00-09.00	Breakfast	Hotel
		Team activity	
	11.30	Lunch	Hotel
		Bus to arena	
	13.45-15.45	Ice practice	St. Jakobs Arena
		Bus to hotel	
	17.00	Dinner	Hotel
		Team meeting	Hotel
	20.30	Evening snack	Hotel
Thu. Dec 16	07.30-08.15	Breakfast	Hotel
		Bus to arena	
	09.30-10.15	Pre game skate	St. Jakobs Arena
		Bus to hotel	
	11.15	Lunch	Hotel
	15.00	Pre game snack with pasta	Hotel
		Team meeting	Hotel
		Bus to arena	
	18.00	GAME SUI - SWE	St. Jakobs Arena
		Bus to hotel	
	21.15	Dinner	Hotel
		Team Meeting	Hotel
Fri. Dec 17	08.00-08.45	Breakfast	Hotel
		Bus to arena	
	10.15-11.00	Pre game skate	St. Jakobs Arena
		Bus to hotel	
	11.30	Lunch	Hotel
	16.00	Pre game snack with pasta	Hotel
		Team meeting	Hotel
	Bus to arena		
	19.00	GAME GER - SWE	St. Jakobs Arena
		Bus to hotel	
	22.15	Dinner	Hotel
		Team Meeting	Hotel

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Sat. Dec 18	06.15-07.00	Breakfast 1	Hotel
		Bus to arena	
	08.00-08.45	Pre game skate	St. Jakobs Arena
		Bus to hotel	
	09.45	Breakfast 2	Hotel
		Team meeting	Hotel
	12.30	Lunch	Hotel
	12.50	Bus to arena	
	15.00	GAME SWE -SUI	St. Jakobs Arena
		Bus to Hotel	
Sun. Dec 19	18.15	Dinner	Hotel
		Team Meeting	Hotel
	21.00	Evening snack	Hotel
	06.00-07.00	Breakfast	Hotel
	~07.00	Bus by the arena to Zurich Airport (1,15 h)	St. Jakobs Arena
		Check in	Zurich Airport
	10.55	Departure to Copenhagen, Flight SK602	Zurich Airport
	12.40	Arrival	Copenhagen Airport
		Lunch	Copenhagen Airport
	15.20	Departure to Stockholm, Flight SK1424	Copenhagen Airport
16.30	Arrival	Arlanda Airport, T5	
	Home journeys		

Contact persons

Louise Dahl	Team Manager
Ulf Lundberg	Head Coach
Andreas Spångberg	Assistant Coach
Ola Kahem	Goalie Coach
Henrik Särenborg	Video Coach
Adam Albelin	Scouting Coach
Ida Kyrilis	Strength & Conditioning Coach
Björn David	Doctor
Erica Svensson	Physiotherapist
Elin Stenberg	Physiotherapist
Benny Andersson	Equipment Manager

Game Schedule

Dec 16	18.00	SUI – SWE	St. Jakobs Arena – Exhibition game
Dec 17	19.00	GER – SWE	St. Jakobs Arena
Dec 18	15.00	SWE – SUI	- “ -
Dec 19	12.10	SUI – GER	- “ -

Updated: 02-12-2021

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