



Team Sweden Women

Preliminary schedule

6 Nations Tournament in Tranås and Eksjö, Sweden, during February 3-9 2020



Date	Time	Activity	Venue
Mon. Feb 3	TBA	Bus	Airport
	TBA	Bus	Venue
	TBA	Bus	Venue
	~12.30	Assembly and check in	Hotel
	14.15	Bus to arena	Hotel
	15.30-16.50	Ice practice	Stiga Arena
	17.50	Bus to hotel	Stiga Arena
	18.00	Dinner	Hotel
	19.00	Team Meeting	Hotel
	21.30	Evening snack	Hotel
Tue. Feb 4	07.30-08.15	Breakfast	Hotel
	08.15	Bus to arena	Hotel
	09.30-10.50	Ice practice	Stiga Arena
	11.50	Bus to hotel	Stiga Arena
	12.00	Lunch	Hotel
	14.15	Bus to arena	Hotel
	15.30-16.50	Ice practice	Stiga Arena
	17.50	Bus to hotel	Stiga Arena
	18.00	Dinner	Hotel
	19.00	Team Meeting	Hotel
21.30	Evening snack	Hotel	
Team Manager	TBA	Directorate meeting	TBA
Wed. Feb 5	07.00-07.45	Breakfast	Hotel
	07.45	Bus to arena	Hotel
	09.00-09.30	Ice practice	Stiga Arena
		Snack (Team arranged)	Stiga Arena
	10.30	Bus to hotel	Stiga Arena
	11.30	Lunch	Hotel
	15.00	Pre game snack with pasta	Hotel
	15.45	Bus to arena	Hotel
	18.00	Game RUS - SWE	Stiga Arena
	21.00	Bus to hotel	Stiga Arena
	21.15	Dinner	Hotel
	Team meeting	Hotel	

Thu Feb 6	07.45-08.30	Breakfast	Hotel
	08.30	Bus to arena	Hotel
	09.45-10.15	Ice practice	Stiga Arena
	11.00	Bus to hotel	Stiga Arena
	11.15	Lunch	Hotel
	15.00	Pre game snack with pasta	Hotel
	15.45	Bus to arena	Hotel
	18.00	Game SWE - CZE	Stiga Arena
	21.00	Bus to hotel	Stiga Arena
	21.15	Dinner	Hotel
	Team meeting	Hotel	

Fri. Feb 7	07.30-08.15	Breakfast	Hotel
	10.30-11.50	Ice practice	Stiga Arena
	12.50	Bus to hotel	Stiga Arena
	13.00	Lunch	Hotel
	17.00	Dinner	Hotel
	21.00	Evening snack	Hotel

Sat. Feb 8 Schedule depending on result
 Bus to Stockholm/Arlanda, stops on the way
 Home journeys or overnight stay at Arlanda

Sun. Feb 9 Home journeys

Team Leaders

Johanna Malmström	Team Manager
Ylva Martinsen	Head Coach
Oscar Dahlgren	Assistant Coach
Alexander Bröms	Assistant Coach
Ola Kahem	Goalie Coach
Nanna Holm Glaas	Video Coach
Cecilia Åkesdotter	Sport Psychology Coach
Ingegerd Lantz	Doctor
Erica Svensson	Physiotherapist
Benny Andersson	Equipment Manager
Ida Kyrilis	Strength and Conditioning Coach

Game Schedule

Wed	5/2	18.00	FIN - GER (A)	Storegårdshallen, Eksjö(A)
Wed	5/2	18.00	RUS - SWE (B)	Stiga Arena, Tranås (B)
Thu	6/2	18.00	GER - SUI (A)	Storegårdshallen (A)
Thu	6/2	18.00	SWE - CZE (B)	Stiga Arena (B)
Fri	7/2	18.00	SUI - FIN (A)	Storegårdshallen (A)
Fri	7/2	18.00	CZE - RUS (B)	Stiga Arena (B)
Sat	8/2	12.00	Place 5 & 6 A3-B3	Stiga Arena
Sat	8/2	15.30	Bronze A2-B2	Stiga Arena
Sat	8/2	19.00	Gold A1-B1	Stiga Arena