



Preliminary program  
Camp in Norrtälje, Sweden, and 4 Nations  
Tournament in Vierumäki and Mikkeli, Finland,  
during February 2-8 2015



Team Sweden Women

Date	Time	Activity	Venue	
<b>Mon. Feb 2</b>	12.30	Assembly and lunch	Norrtälje Sportcentrum	
	13.30-14.00	Team meeting	Norrtälje Sportcentrum	
	15.00-16.50	Ice practice	Contigahallen	
	17.50	Dinner	Norrtälje Sportcentrum	
			Team meeting	Norrtälje Sportcentrum
	21.30	Evening snack	Hotell Roslagen	
<b>Thu. Feb 3</b>	07.30-08.45	Breakfast	Hotell Roslagen	
	10.00-11.50	Ice practice	Contigahallen	
	12.45	Lunch	Norrtälje Sportcentrum	
	16.00-17.50	Ice practice	Contigahallen	
	18.45	Dinner	Norrtälje Sportcentrum	
		Team meeting	Norrtälje Sportcentrum	
	21.30	Evening snack	Hotell Roslagen	
<b>Wed. Feb 4</b>	04.45	Breakfast (breakfast bag)	Hotell Roslagen	
	05.15	Bus to Arlanda T5, by the arena	Hotell Roslagen	
	06.45	Breakfast	Rai Due, T5	
	08.30	Departure to Helsinki Flight SK704	Arlanda Airport T5	
	10.30	Arrival	Helsinki Airport T1	
	11.00	Lunch	Cesar's Little Italy T2	
	~ 11.45	Bus to Vierumäki (1,15 h)	Helsinki Airport T1	
	13.00	Check in	Vierumäki Sports Institute	
	15.00-16.15	Ice practice	Vierumäki Arena	
	17.15	Dinner	Wanha Sali	
	18.00	Team meeting	Sports Institut	
	21.00	Evening snack	Kaskela	
<b>Thu. Feb 5</b>	07.30-09.20	Breakfast	Wanha Sali	
	10.30-11.00	Ice practice	Vierumäki Arena	
	12.00	Lunch	Wanha Sali	
	12.30	Team meeting	Sports Institut	
	16.00	Pre game snack	Kaskela	
	<b>18.30</b>	<b>Game GER - SWE</b>	<b>Vierumäki Arena</b>	
	21.30	Dinner	Wanha Sali	
	22.00	Team meeting	Sports Institut	
<b>Fri. Feb 6</b>	06.30-07.50	Breakfast	Wanha Sali	
	09.00-09.30	Ice practice	Vierumäki Arena	
	10.30	Pasta meal	Wanha Sali	
	11.00	Team meeting	Sports Institut	
	14.00	Lunch	Wanha Sali	
	15.00	Bus to Mikkeli (1,15h)	Vierumäki Arena	
	16.15	Pre game snack	Mikkeli Arena	
	<b>18.30</b>	<b>Game FIN - SWE</b>	<b>Mikkeli Arena</b>	
	21.30	Dinner	TBA Mikkeli	
	22.00	Bus to Vierumäki Arena	Mikkeli Arena	
		Team meeting	Sports Institute	

<b>Sat. Feb 7</b>	07.00-08.30	Breakfast	Wanha Sali
	09.40-10.10	Ice practice	Vierumäki Arena
	11.10	Lunch	Wanha Sali
	11.40	Team meeting	Sports Institut
	13.30	Pre game snack	Kaskela
	<b>16.00</b>	<b>Game SWE - RUS</b>	<b>Vierumäki Arena</b>
	19.00	Dinner	Wanha Sali
	19.30	Team meeting	Sports Institut
<b>Sun. Feb 8</b>	06.15-06.45	Breakfast and check out	Wanha Sali
	06.45	Bus to Helsinki Airport	Vierumäki Arena
	10.15	Departure to Stockholm flight: SK717	Helsinki Airport T1
	10.15	Arrival	Arlanda Airport T5
		Home journeys	

## Hotels

### Norrtälje

Hotel Roslagen, Stockholmsvägen 53, 761 43 Norrtälje

### Vierumäki

Sports Institute of Finland, Urheiluoopistontie 373, 19120 Vierumäki, Finland

## Contact persons

Emelie Ederfors	Team Manager
Leif Boork	Head Coach
Olof Östblom	Assistant Coach
Karl Danielsson	Video Coach
Åsa Fomin	Physiotherapist
Benny Andersson	Equipment Manager

## Game schedule

5/2	18.30	GER - SWE	Vierumäki Arena
5/2	18.30	FIN - RUS	Hollola Arena
6/2	18.30	RUS - GER	Vierumäki Arena
6/2	18.30	FIN - SWE	Mikkeli Arena
7/2	16.00	SWE - RUS	Vierumäki Arena
7/2	16.00	FIN - GER	Mäntsälä Arena