



# SCHEDULE TEAM SWEDEN

2 Exhibition games against Finland, in Sollentuna, Sweden,  
And Nordic Cup in Aalborg, Denmark,  
during December 14-17 2009



## TEAM 16

Date	Time	Activity	Venue
<b>Mon. Dec 14</b>	12.00	Assembly with lunch	Scandic Sollentuna
	13.00	Bus to the Arena	
	14.00-15.30	Ice practice	SVEAB Arena
	16.15	Bus to the Hotel	
	16.30	Dinner	Scandic Sollentuna
		Team meeting	Scandic Sollentuna
	20.30	Evening snack	Scandic Sollentuna
<b>Tue. Dec 15</b>	08.00	Breakfast	Scandic Sollentuna
	09.00	Bus to the Arena	
	10.00-10.45	Game skate	SVEAB Arena
	11.30	Bus to the Hotel	
	11.45	Lunch	Scandic Sollentuna
	15.00	Pre game snack	Scandic Sollentuna
	16.15	Bus to the Arena	
	<b>18.30</b>	<b>GAME SWE-FIN</b>	<b>SVEAB Arena</b>
~21.45	Bus to the Hotel		
~21.50	Dinner	Scandic Sollentuna	
<b>Wed. Dec 16</b>	08.30	Breakfast	Scandic Sollentuna
	10.00	Bus to the Arena	
	11.00-11.45	Game skate	SVEAB Arena
	12.30	Bus to the Hotel	
	12.45	Lunch	Scandic Sollentuna
	15.30	Pre-game snack	Scandic Sollentuna
	16.25	Bus to the Arena	
	<b>18.30</b>	<b>GAME FIN-SWE</b>	<b>SVEAB Arena</b>
	~21.55	Bus to the Hotel	
~22.00	Dinner	Scandic Sollentuna	
<b>Thu. Dec 17</b>	06.30	Breakfast	Scandic Sollentuna
	07.00	Bus to Arlanda T5	
	09.20	Departure with SK403	Arlanda T5
	10.30	Arrival to Kastrup Airport	
		Lunch at the at the airport (team arr)	
	11.30	Bus to Aalborg (5h)	
	TBA	Ice practice	Gigantium Ice Arena
	TBA	Dinner	Aalborg Sport College
<b>Fri. Dec 18</b>	08.15	Breakfast	Aalborg Sport College
	11.15-11.45	Game skate	Gigantium Ice Arena
	12.45	Lunch	Aalborg Sport College
	17.00	Dinner	Aalborg Sport College
	<b>20.00</b>	<b>GAME DEN – SWE</b>	<b>Gigantium Ice Arena</b>
~23.00	Evening snack	Aalborg Sport College	
<b>Sat. Dec 19</b>	08.30	Breakfast	Aalborg Sport College
	10.30-11.00	Game skate	Gigantium Ice Arena
	12.00	Lunch	Aalborg Sport College
	14.30	Snack (team arr)	
	<b>17.00</b>	<b>GAME SWE-NOR</b>	<b>Gigantium Ice Arena</b>
	~20.30	Dinner	Aalborg Sport College
	~22.00	Evening snack	Aalborg Sport College

<b>Sun. Dec 20</b>		Breakfast/Brunch	Aalborg Sport College
	<b>12.00</b>	<b>GAME FIN – SWE</b>	<b>Gigantium Ice Arena</b>
	~15.15	Lunch	Aalborg Sport College
	~15.30	Bus to Kastrup airport (5h)	
	22.45	Departure with SK1428	Kastrup airport
	23.55	Arrival at Arlanda T5	
		Home journeys or bus to Arlanda hotellby	
<b>Mon. Dec 21</b>		Breakfast	Arlanda Hotellby
		Home journeys	

### **Team leaders**

Rikard Stenberg Team Manager  
Stefan Bergkvist, Head Coach  
Ulf Lundberg, Assistant Coach  
Magnus Wennström, Goalie Coach  
Lennart Palmefors, Doctor  
Peter Sahlins, Equipment Manager

### **Hotels**

Scandic Star Sollentuna, Aniaraplatsen 8, 191 21 Sollentuna

Aalborg Sports College/Zleep Hotel Aalborg, Hadsundvej 182, DK-9000 Aalborg

Arlanda Hotellby, Bristagatan 22, 190 45 Stockholm-Arlanda