



# SCHEDULE TEAM SWEDEN

Camp and 4 Nations Tournament in Mikkeli,  
Finland, during February 4-11 2019



## TEAM 16

Date	Time	Activity	Venue		
<b>Mon. Feb 4</b>	16.00	Assembly	Hotel		
		Team Meeting	Hotel		
		Dinner	Hotel		
<b>Tue. Feb 5</b>		Breakfast	Airport		
		Check In	Airport		
		Departure	Airport		
		Arrival	Airport		
		Bus to Mikkeli (approx. 3h)	Airport		
		Lunch on the way	Tba.		
		Check in	Hotel		
	17.00-18.15	Transfer to Arena	Hotel		
		Ice Practice (snack in locker room)	Kalevankankaan Arena rink 2		
		Transfer to Hotel	Kalevankankaan Arena		
<b>Wed. Feb 6</b>	10-11.30	Dinner	Hotel		
		Breakfast	Hotel		
		Transfer to arena	Hotel		
		Ice practice	Kalevankankaan Arena rink 2		
		Transfer to Hotel	Kalevankankaan Arena		
	17.15-19.15	Lunch	Hotel		
		Schoolwork			
		Snack	Hotel		
		Transfer to arena	Hotel		
		Ice Practice	Kalevankankaan Arena rink 2		
<b>Thu. Feb 7</b>	12.15-13.15	Transfer to Hotel	Kalevankankaan Arena		
		Dinner	Hotel		
		Schoolwork			
		Snack	Hotel		
		Transfer to arena	Hotel		
	18.15-19.15	Ice Practice	Kalevankankaan Arena		
		Transfer to Hotel	Kalevankankaan Arena		
		Dinner	Hotel		
		<b>Fri. Feb 8</b>	09.30-10.00	Breakfast	Hotel
				Transfer to arena	Hotel
Ice practice	Kalevankankaan Arena rink 2				
Transfer to Hotel	Kalevankankaan Arena				
15.30	Lunch		Hotel		
	Transfer to Pieksämäki Arena (via Kalevankankaan Arena, 75 km, 1 h 30 min)	Hotel			
		Snack in locker room			
		<b>GAME RUS-SWE</b>	<b>Pieksämäki Arena</b>		

		Dinner in Pieksmäki	Tba	
		Transfer to Hotel via Kalevankankaan Arena		
		Evening snack	Hotel	
<b>Sat. Feb 9</b>		Breakfast	Hotel	
		Transfer to Arena	Hotel	
	10-10.30	Ice practice	Kalevankankaan Arena	
		Transfer to Hotel	Hotel	
		Lunch	Hotel	
		Team meeting	Hotel	
		Pre game meal (pasta with sauce)	Hotel	
		Transfer to Arena	Hotel	
	<b>17.30</b>	<b>GAME CZE-SWE</b>	<b>Kalevankankaan Arena</b>	
		Dinner	Kalevankankaan Arena	
		Transfer to hotel	Kalevankankaan Arena	
		Evening snack	Hotel	
<b>Sun. Feb 10</b>		Breakfast	Hotel	
		Transfer to Arena	Hotel	
	09-09.30	Ice practice	Kalevankankaan Arena	
		Transfer to Hotel	Kalevankankaan Arena	
		Lunch/ Pre game meal (pasta with sauce)	Hotel	11.45
		Transfer to Arena	Hotel	
	<b>14.00</b>	<b>GAME FIN-SWE</b>	<b>Kalevankankaan Arena</b>	
		Dinner	Kalevankankaan Arena	
		Transfer to Hotel	Kalevankankaan Arena	
		Evening Snack	Hotel	
<b>Mon. Feb 11</b>		Transfer to Airport	Hotel	
		Departure	Airport	
		Arrival	Airport	
		Home Journeys		

### Team leaders

Jan Ingman	Team Manager
Anders Lundberg	Head Coach
Mikael Rundgren	Assistant Coach
Linda Blomqvist	Goalie Coach
Adam Albelin	Video Coach
Peter Tyskling	Physiotherapist
Yngve Frost	Equipment Manager