

# JAN INGMAN

## Jan Ingman Team Manager in Team Sweden U16 season 2019/2020

**Name:** Jan Ingman

**Age:** 58

**Residence:** Karlstad

**Family:** Wife Lotta, two children Caroline and Johanna.

**Work:** Claim Adjuster at Länsförsäkringar Värmland

### Carreer notes as a leader:

#### **2019/2020**

Team Manager in Team Sweden U16

Team Manager for Värmland in TV-pucken

#### **2018/2019**

Team Manager in Team Sweden U16

General Manager for Värmland in TV-pucken

#### **2017/2018**

General Manager for Värmland in TV-pucken

#### **2016/2017**

Assistant Coach for Färjestads BK U16

General Manager for Värmland in TV-pucken

#### **2015/2016**

Assistant Coach for Färjestads BK U18

#### **2014/2015**

Assistant Coach for Färjestads BK U18

#### **2013/2014**

Head Coach for Hammarö HC U20

#### **2012/2013**

Assistant Coach for Hammarö HC U20

2006/2012 Player- and leader developer Hammarö HC

2005/2006 Head Coach Färjestads BK Team 16

2002/2005 Head Coach for Skåre BK Div 1

And instructor of Färjestads Bk Hockeygymnasium

2000/2002 Head Coach Hammarö HC Div II

1999/2000 Head Coach Grums IK Allsvenskan

1997/1999 Head Coach Bofors IK Div 1

1995/1997 Head Coach Forshaga IF Div II

1994/1995 Ass Coach Forshaga IF Div II

### **1993/1994**

Assistant Coach for Färjestads BK, Elitserien

### **Educations:**

Claim Adjuster education

### **Assignments:**

Board member of Länsförsäkringar Värmland

Board member of Värmlands Ice Hockey District.

Instructor of Värmlands Ice Hockey District

### **Other notes:**

Likes fishing

Expert Commentary Web Radio Färjestad SHL

### **Playing career**

**A=Games, B=Goals, C=Assist, D=Points, E=Penalty minutes**

	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>	
<b>1992/1993</b>	11	9	4	13	0	IFK Munkfors, Division 2, regular season
<b>1991/1992</b>	7	2	3	5	0	Grums IK, Division 1, autumn, regular season
	12	6	7	13	2	Grums IK, Division 1, autumn, regular season
<b>1990/1991</b>	27	3	2	5	14	Färjestads BK, regular season
	6	0	0	0	0	Färjestads BK, play off
<b>1989/1990</b>	32	15	13	28	16	Färjestads BK, regular season
	10	5	3	8	2	Färjestads BK, play off
<b>1988/1989</b>	34	15	19	34	24	Färjestads BK, regular season
	2	1	1	2	4	Färjestads BK, play off
<b>1987/1988</b>	28	6	7	13	14	Färjestads BK, regular season

9 5 3 8 2 Färjestads BK, play off  
Swedish champion with Färjestads BK season 1980/1981

**1986/1987** 28 9 11 20 14 Färjestads BK, regular season

**1985/1986** 32 19 13 32 20 Färjestads BK, regular season  
7 4 1 5 4 Färjestads BK, play off  
Swedish champion with Färjestads BK season 1980/1981

**1984/1985** 35 19 17 36 14 Färjestads BK, regular season  
3 0 0 0 2 Färjestads BK, play off

**1983/1984** 36 14 11 25 36 Färjestads BK, regular season

**1982/1983** 30 13 11 24 20 Färjestads BK, regular season  
8 5 0 5 8 Färjestads BK, play off  
3 1 0 1 0 Team Sweden season 1981/1982

**1981/1982** 27 7 2 9 6 Färjestads BK, regular season  
1 0 0 0 0 Färjestads BK, play off  
2 0 0 0 0 Team Sweden season 1981/1982

First Team Sweden game away against Switzerland (4-0) in Arosa, Switzerland, August 21 1981

**1980/1981** 30 13 7 20 12 Färjestads BK, regular season  
7 5 0 5 13 Färjestads BK, play off

Swedish champion with Färjestads BK season 1980/1981

5 4 2 6 2 WJC Gold Medal 1981

10 5 ? ? ? Team Sweden U20 season 1980/1981

First Team Sweden U20 game away against Finland (0-5) in Kuopio, Finland, at September 11 1980

**1979/1980** ? ? ? ? ? Färjestads BK, U20 juniors, regular season  
Swedish U20 champion with Färjestads BK season 1079/1980

**1978/1979** 27 15 4 19 8 Grums IK, Division 1, regular season  
Scoring leader in Grums IK season 1978/1979

5 2 1 3 0 JEC Fourth Place 1979

10 7 ? ? ? Team Sweden U18 season 1978/1979

First Team Sweden U18 game away in a JEC game against Soviet (1-3) in Katowice, Poland, March 31 1979

**1977/1978** 15 5 6 11 4 Grums IK, Division 1, regular season