



# TEAM 20 SWEDEN

Camp in Chilliwack and  
2018 World Junior Showcase in Kamloops,  
Canada during July 22-August 6, 2018



Date	Time	Activity	Venue
<b>Sun. July 22</b>		Assembly, see travel plan	Hotel
	~18.30	Dinner	Airport
<b>Mon. July 23</b>		Breakfast	Hotel
	10.10	Departure	Airport
	12.20	Arrival	
	13.30	Departure	Airport
	14.25	Arrival	
		Bus and truck to hotel and arena	
	~17.30	Check in	Hotel
	~17.45	Dinner	Hotel
<b>Tue. July 24</b>	07.00-08.15	Breakfast	Hotel
	08.20	Bus	
	09.30-10.50	Ice practice	Prospera Centre
	11.50	Bus	
	12.00	Lunch	Hotel
	15.20	Bus	
	16.30-17.50	Ice practice	Prospera Centre
	18.50	Bus	
	19.00	Dinner	Hotel
<b>Wed. July 25</b>	07.00-08.15	Breakfast	Hotel
	08.20	Bus	
	09.30-10.50	Ice practice	Prospera Centre
	11.50	Bus	
	12.00	Lunch	Hotel
	14.50	Bus	
	15.15-16.00	Off ice practice (gym)	Club XO
	16.30-17.50	Ice practice	Prospera Centre
	18.50	Bus	
19.00	Dinner	Hotel	
<b>Thu. July 26</b>	07.30-08.45	Breakfast	Hotel
	09.00	Bus	
	09.30-10.30	Off ice practice (gym)	Club XO
	11.00-12.30	Ice practice	Prospera Centre
	13.30	Bus	
	13.45	Lunch	Hotel
	19.00	Dinner	Hotel
<b>Fri. July 27</b>	08.00-09.30	Breakfast and check out	Hotel
	~09.30	Bus to Kamloops	
	~13.30	Check in and lunch	Hotel
	18.00	Dinner	Hotel
	21.30	Evening snack	Hotel

<b>Sat. July 28</b>		Breakfast	Hotel
		Lunch	Hotel
	45 min	Off ice practice (gym)	Arena
	11.15-12.30	Ice practice	Sandman Centre
		Dinner	Hotel
		Evening snack	Hotel
<b>Sun. July 29</b>	06.45-07.45	Breakfast	Hotel
	07.45	Bus	
	09.00-10.15	Ice practice	Sandman Centre
	11.15	Bus	
	12.00	Lunch	Hotel
	16.30	Dinner	Hotel
	20.30	Evening snack	Hotel
<b>Mon. July 30</b>	07.00-08.45	Breakfast	Hotel
	08.45	Bus	
	09.45-10.15	Ice practice	Sandman Centre
	11.00	Bus	
	11.15	Lunch	Hotel
	13.00	Pre game snack	Hotel
	13.45	Bus	
	<b>16.00</b>	<b>GAME USA blue - SWE</b>	<b>Sandman Centre</b>
	19.00	Bus	
	19.15	Dinner	Hotel
21.30	Evening snack	Hotel	
<b>Tue. July 31</b>	08.00-10.15	Breakfast, with pasta	Hotel
	10.45	Bus	
	<b>13.00</b>	<b>GAME SWE - FIN</b>	<b>Sandman Centre</b>
	16.00	Bus	
	16.15	Dinner	Hotel
	20.30	Evening snack	Hotel
<b>Wed. Aug 1</b>	06.45-07.45	Breakfast	Hotel
	07.45	Bus	
	09.00-10.15	Ice practice	Sandman Centre
	11.15	Bus	
	12.00	Lunch	Hotel
	16.30	Dinner	Hotel
	20.30	Evening snack	Hotel
<b>Thu. Aug 2</b>	07.00-08.45	Breakfast	Hotel
	10.30	Lunch	Hotel
	10.45	Bus	
	<b>13.00</b>	<b>GAME USA - SWE</b>	<b>Sandman Centre</b>
	16.00	Bus	
	16.15	Dinner	Hotel
	20.30	Evening snack	Hotel
<b>Fri. Aug 3</b>	07.30-09.30	Breakfast	Hotel
	09.30	Bus	
	10.30-11.00	Ice practice	Sandman Centre
	11.45	Bus	
	12.00	Lunch	Hotel

<b>Fri. Aug 3</b>	15.15	Pre game meal	Hotel
	15.45	Bus	
	<b>18.00</b>	<b>GAME CAN - SWE</b>	<b>Sandman Centre</b>
	21.00	Bus	
	21.15	Dinner	Hotel
<b>Sat. Aug 4</b>	07.30-09.30	Breakfast	Hotel
	09.30	Bus	
	10.30-11.00	Ice practice	Sandman Centre
	11.45	Bus	
	12.00	Lunch	Hotel
	14.15	Pre game meal	Hotel
	14.45	Bus	
	<b>17.00</b>	<b>GAME SWE – FIN</b>	<b>Sandman Centre</b>
	20.00	Bus	
	20.15	Dinner	Hotel
<b>Sun. Aug 5</b>		Breakfast	Hotel
		Bus to airport	
	16.20	Departure	Airport
<b>Mon. Aug 6</b>	11.05	Arrival	
	13.00	Departure	Airport
	15.00	Arrival to Stockholm	Airport
		Home journeys	

#### **Team leaders**

Jonas Fransson, Team Manager  
Tomas Montén, Head Coach  
Joel Rönmark, Assistant Coach  
Henrik Stridh, Assistant Coach  
Nizze Landén, Goalie Coach  
Adam Almqvist Andersson, Video Coach  
Ryan Allenby, Doctor, July 27<sup>th</sup> – August 5<sup>th</sup>  
Pär Thures, Physiotherapist  
Per-Åke Bäckman, Equipment Manager