



SCHEDULE TEAM SWEDEN

Pre camp in Segeltorp, Sweden, and Helsinki, Finland
during December 15-24 2015 and
2016 IIHF World Junior Championship in Helsinki, Finland
during December 25 2015 – January 6 2016



TEAM 20

Date	Time	Activity	Venue
Tue. Dec 15	12.00	Assembly and check in	Scandic Kungens Kurva
	12.15	Lunch	Scandic Kungens Kurva
	13.00-14.00	Team meeting	Scandic Kungens Kurva
	14.00-	Media meeting	Scandic Kungens Kurva
	17.00	Dinner	Scandic Kungens Kurva
	20.30	Evening snack	Scandic Kungens Kurva
Wed. Dec 16		Breakfast	Scandic Kungens Kurva
	10.00-11.30	Ice practice	Segeltorpshallen
	13.00	Lunch	Scandic Kungens Kurva
	16.00-17.30	Ice practice	Segeltorpshallen
	19.15	Dinner	Scandic Kungens Kurva
21.30	Evening snack	Scandic Kungens Kurva	
Thu. Dec 17		Breakfast	Scandic Kungens Kurva
	10.00-11.30	Ice practice	Segeltorpshallen
	13.00	Lunch	Scandic Kungens Kurva
	16.00-17.30	Ice practice	Segeltorpshallen
	19.15	Dinner	Scandic Kungens Kurva
21.30	Evening snack	Scandic Kungens Kurva	
Fri. Dec 18		Breakfast	Scandic Kungens Kurva
	10.00-11.30	Ice practice	Segeltorpshallen
	13.00	Lunch	Scandic Kungens Kurva
	16.45	Pre game meal	Scandic Kungens Kurva
	17.15	Bus to the arena	Scandic Kungens Kurva
	19.30	GAME SWE-DEN	Björkängshallen
	~22.30	Dinner	Björkängshallen
~23.00	Bus to the hotel		
Sat. Dec 19		Breakfast (team activity)	Scandic Kungens Kurva
	11.00-12.30	Ice practice	Segeltorpshallen
	13.30	Lunch	Scandic Kungens Kurva
	19.15	Dinner	Scandic Kungens Kurva
Sun. Dec 20		Breakfast	Scandic Kungens Kurva
	08.30	Bus to the Arlanda	
	~10.00	Lunch	Alfredo's, Sky City
	12.05	Departure with SK712	Arlanda T5
	14.00	Arrival to Helsinki	
		Bus to hotel and arena	
	~15.15	Lunch and check-in	Scandic Park
	16.00	Bus to the arena	
	17.30-19.00	Ice practice	Helsinki ice arena
20.30	Bus to the hotel		
21.00	Dinner	Scandic Park	

2016 IIHF World Junior Championship

Sat. Dec 26		Breakfast	Scandic Park
	09.00-09.30	Ice practice	Helsinki Ice arena
	~10.30	Lunch	Scandic Park
	13.30	Pre game meal	Scandic Park, meeting room
	16.00	GAME SUI - SWE	Helsinki Ice arena
	~19.00	Dinner	Scandic Park
	~21.30	Evening snack	Scandic Park
Sun. Dec 27		Breakfast	Scandic Park
	11.45	Lunch	Scandic Park
	14.15-15.15	Ice practice	Helsinki Ice arena
	16.30	Dinner	Scandic Park
	20.30	Evenings snack	Scandic Park
Mon. Dec 28		Breakfast	Scandic Park
	09.45-10.15	Ice practice	Helsinki Ice arena
	11.15	Lunch	Scandic Park
	16.00	GAME SWE - USA	Helsinki Ice arena
	~19.00	Dinner	Scandic Park
	~21.30	Evening snack	Scandic Park
Tue. Dec 29		Breakfast	Scandic Park
	11.45	Lunch	Scandic Park
	14.15-15.15	Ice practice	Helsinki Ice arena
	16.30	Dinner	Scandic Park
	20.30	Evenings snack	Scandic Park
Wed. Dec 30		Breakfast	Scandic Park
	09.45-10.15	Ice practice	Helsinki Ice arena
	11.15	Lunch	Scandic Park
	16.00	GAME SWE - DEN	Helsinki Ice arena
	~19.00	Dinner	Scandic Park
	~21.30	Evening snack	Scandic Park
Thu. Dec 31		Breakfast	Scandic Park
	11.30-12.00	Ice practice	Helsinki Ice arena
	13.00	Lunch	Scandic Park
	17.00	Pre game meal	Scandic Park, meeting room
	20.00	GAME CAN - SWE	Helsinki Ice arena
	~23.00	Dinner	Scandic Park
January 1 - 5		<i>Schedule depending on result</i>	
Wed. Jan 6		Breakfast	Scandic Park
		Bus to airport	
	15.35	Departure with SK709	Vantaa airport
	15.35	Arrival to Stockholm	Arlanda T5
		Home journeys	

Hotels

Scandic Kungens Kurva, Ekgårdsvägen 2, 141 75 Kungens Kurva, Sweden

Scandic Park, Mannerheimintie 46, 00260 Helsinki, Finland

Team leaders

Jonas Fransson	Team Manager	
Rikard Grönborg	Head Coach	
Anders Johansson	Assistant Coach	
Magnus Hävelid	Assistant Coach	
Nizze Landén	Goalie Coach	
Johan Andersson	Video Coach	
Ola Berggren	Psychological Coach	
Sofia Sunnerud	Doctor	during 15-27/12
PA Bergsten	Doctor	during 27/12-6/1
Pär Thures	Physiotherapist	
Jonas Emmoth	Physiotherapist	
Per-Åke Bäckman	Equipment Manager	
Per Lindholm	Equipment Manager	
Anders Feltenmark	Media Manager	