



SCHEDULE TEAM 17 SWEDEN

Camp in Uppsala, Sweden, and 4-Nations Tournament
in Novogorsk, Russia, during April 7-13 2015



TEAM 17

Date	Time	Activity	Venue
Tue. Apr 7		Bus from SIF Kontoret by Arlanda T4	
	12.00	Assembly / Lunch	Scandic Uppsala Nord
	15.15-16.45	Ice practice	Metallåtervinning Arena, A-rink
	18.00	Dinner	Scandic Uppsala Nord
	21.00	Evening snack	Scandic Uppsala Nord
Wed. Apr 8	~08.30	Breakfast	Scandic Uppsala Nord
	11.00-12.15	Ice practice	Metallåtervinning Arena, C-rink
	13.30	Lunch	Scandic Uppsala Nord
	16.30-17.45	Ice practice	Metallåtervinning Arena, A-rink
	19.00	Dinner	Scandic Uppsala Nord
	21.30	Evening snack	Scandic Uppsala Nord
Thu. Apr 9	08.00	Breakfast	Scandic Uppsala Nord
	08.45	Bus to Arlanda T5, by the arena	
	10.30	Lunch	RAI restaurang
	11.50	Departure with SU2211	
	14.55	Arrival to Moscow	Sheremetyevo airport
	~15.30	Bus to the arena	
	18.30-19.45	Ice practice	Novogorsk Olympic Center
	20.45	Dinner	Novogorsk Olympic Center
Fri. Apr 10	06.45	Breakfast	Novogorsk Olympic Center
	08.00-08.45	Ice practice	Novogorsk Olympic Center
	11.00	Lunch	Novogorsk Olympic Center
	14.00	GAME CZE-SWE	Novogorsk Olympic Center
	~17.00	Dinner	Novogorsk Olympic Center
	20.30	Evening snack	Novogorsk Olympic Center
Sat. Apr 11	07.30	Breakfast	Novogorsk Olympic Center
	09.00-09.45	Ice practice	Novogorsk Olympic Center
	11.00	Lunch	Novogorsk Olympic Center
	14.00	GAME SWE-FIN	Novogorsk Olympic Center
	~17.00	Dinner	Novogorsk Olympic Center
	20.30	Evening snack	Novogorsk Olympic Center
Sun. Apr 12	09.00	Breakfast	Novogorsk Olympic Center
	11.00-11.45	Ice practice	Novogorsk Olympic Center
	12.45	Lunch	Novogorsk Olympic Center
	14.30	Pre game meal (pasta and sauce)	
	17.00	GAME RUS-SWE	Novogorsk Olympic Center
	~20.00	Dinner	Novogorsk Olympic Center
Mon. Apr 13	06.15	Breakfast	Novogorsk Olympic Center
	07.00	Bus to the airport	
	09.50	Departure with SU2210	Sheremetyevo airport
	11.00	Arrival to Stockholm	Arlanda T5
		Home journeys	

Team leaders

Team Manager Peter Lindström
Head Coach Torgny Bendelin
Assistant Coach Peter Sundström

Goalie Coach
Physiotherapist
Equipment Manager
Team host

Jan Öhman
Jonas Emmoth
Yngve Frost
TBA

Hotels

Scandic Uppsala Nord, Gamla Uppsalagatan 50, 754 25 Uppsala, Sweden
Novogorsk Olympic Center