



Preliminary program
Camp in Upplands Väsby, Sweden, and
4 Nations Tournament in Stupino, Moscow Region, Russia,
during November 6-12 2017



Team Sweden Women U18

Date	Time	Activity	Venue
Mon. Nov 6	18.30	Team meeting and check in	Scandic Upplands Väsby
	19.00-21.30	Team Activity	TBA
	21.45	Evening snack with pasta	Scandic Upplands Väsby
Tue. Nov 7	07.30-08.30	Breakfast	Scandic Upplands Väsby
	09.20	Video meeting	Vilundaparkens Ishall
	10.00-11.20	Ice practice	Scandic Upplands Väsby
	13.00	Lunch	Scandic Upplands Väsby
	16.30	Team Meeting	Scandic Upplands Väsby
	17.00	Dinner	Scandic Upplands Väsby
	18.50	Video meeting	Vilundaparkens Ishall
	19.00-20.20	Ice practice	Vilundaparkens Ishall
	21.30	Evening snack with pasta	Scandic Upplands Väsby
Wed. Nov 8	08.00-09.30	Breakfast and check out	Scandic Upplands Väsby
	10.00	Bus to Arlanda T5 and check in	Vilundaparkens Ishall
	11.00	Lunch	Alfredos, Sky City
	12.40	Departure with SU2211	Arlanda T5
	16.45	Arrival to Moscow	Sheremetyevo airport
	17.30	Bus to the arena with water, sandwich and banana on the bus	Sheremetyevo airport
	19.30	Dinner and check in	Hotel IBIS Stupino
Thu. Nov 9	07.00-07.45	Breakfast	Hotel IBIS Stupino
	07.50	Bus to Bobrov Ice Palace	
	09.00-09.45	Game skate	Bobrov Ice Palace
	10.45	Bus to Hotel IBIS	
	11.00	Lunch	Hotel IBIS Stupino
	12.20	Bus to Bobrov Ice Palace	
	14.30	GAME GER - SWE	Bobrov Ice Palace
	17.30	Bus to Hotel IBIS Stupino	
	17.45	Dinner	Hotel IBIS Stupino
20.30	Evening snack	Hotel IBIS Stupino	
Fr. Nov 10	06.00-07.45	Breakfast	Hotel IBIS Stupino
	06.50	Bus to Bobrov Ice Palace	
	08.00-08.45	Game skate	Bobrov Ice Palace
	10.45	Bus to Hotel IBIS Stupino	
	11.00	Lunch	Hotel IBIS Stupino
	12.20	Bus to Bobrov Ice Palace	
	14.30	GAME SWE - FIN	Bobrov Ice Palace
	17.30	Bus to Hotel IBIS Stupino	
	17.45	Dinner	Hotel IBIS Stupino
20.30	Evening snack	Hotel IBIS Stupino	

Sat. Nov 11	07.00-07.45	Breakfast	Hotel IBIS Stupino
	07.50	Bus to Bobrov Ice Palace	
	09.00-09.45	Game skate	Bobrov Ice Palace
	10.45	Hotel IBIS Stupino	
	11.00	Lunch	Hotel IBIS Stupino
	14.00	Pre game snack	Hotel IBIS Stupino
	14.30	Bus to Bobrov Ice Palace	
	16.30	GAME RUS - SWE	Bobrov Ice Palace
	19.30	Bus to Hotel IBIS Stupino	
	19.45	Dinner	Hotel IBIS Stupino
Sun. Nov 12	TBA	Breakfast	Hotel IBIS Stupino
	TBA	Bus to airport	Bobrov Ice Palace
	11.25	Departure with SU2210	Sheremetyevo airport
	11.40	Arrival to Stockholm	Arlanda T5

Home journeys

Team leaders

Team Manager	Stefan af Bjur
Head Coach	Ylva Lindberg
Assistant Coach	Madeleine Östling
Video Coach	Ola Kahem
Goalie Coach	Kim Martin Hasson
Doctor	Åsa Elfving
Physiotherapist	Mikaela Naess
Equipment Manager	Kjell Klintberg
Team host:	Kirill Frolovsky

Hotels

Scandic Upplands Väsby, Hotellvägen 1, 194 35 Upplands Väsby, Sweden

Hotel IBIS, Stupino, prospect pobey 42, 142803 Stupino, Russian Federation

Game schedule

Nov 9	14.30	GER - SWE	Bobrov Ice Palace
Nov 9	18.45	Opening ceremony	Bobrov Ice Palace
Nov 9	19.00	RUS- FIN	Bobrov Ice Palace
Nov 10	14.30	SWE - FIN	Bobrov Ice Palace
Nov 10	19.00	GER - RUS	Bobrov Ice Palace
Nov 11	13.00	FIN - GER	Bobrov Ice Palace
Nov 11	16.30	RUS - SWE	Bobrov Ice Palace
Nov 11	19:00	Closing ceremony	Bobrov Ice Palace