



Preliminary schedule
Summer Camp 3
in Ulriksdals IP, Solna, Sweden, August 1-4 2016



Team Sweden Women

Date	Time	Activity	Venue
Mon. Aug	16.45	Assembly	Ulriksdals IP
	17.15	Dinner	Scandic Järva Krog
	19.30-20.50	Ice practice	Ulriksdals IP
	22.00	Evening snack	Scandic Järva Krog
Tue. Aug 2	07.30-08.30	Breakfast	Scandic Järva Krog
	10.00	Test	Bosön
	12.00	Lunch	Bosön
	17.30	Dinner	Scandic Järva Krog
	20.00-21.20	Ice practice	Ulriksdals IP
	22.30	Evening snack	Scandic Järva Krog
Wed. Aug 3	07.30-08.30	Breakfast	Scandic Järva Krog
	10.00	Team meeting	Scandic Järva Krog
	11.15	Lunch	Scandic Järva Krog
	13.00-13.50	Ice practice	Ulriksdals IP
		Snack (Team Arr)	Ulriksdals IP
	17.30	Dinner	Scandic Järva Krog
21.00	Evening snack	Scandic Järva Krog	
Thu. Aug 4		Breakfast in bag	Scandic Järva Krog
	05.00	Bus to Arlanda Airport T5 by Ulriksdals IP	Scandic Järva Krog
	06.30	Breakfast	Clarion Hotel Arlanda
	07.55	Departure to London with SK 525	Arlanda Airport T5

Hotel

Scandic Järva Krog, Vallgatan 2, 170 08 Solna

Team Leaders

Sara Arnestål	Team Manager
Leif Boork	Head Coach
Olof Östblom	Assistant Coach
Karl Danielsson	Video Coach
Åsa Elfving	Doctor
Caroline Fougman	Physiotherapist
Benny Andersson	Equipment Manager