



“RUSSIN” CAMP Team 18

In Norrtälje during May 23-27 2013

Date	Time	Activity	Venue
Thu. May 23	08.30	Assembly players from Stockholm	Bosön
	09.00	Off ice practice/tests	Bosön
	10.30	Bus from Arlanda T4 to Bosön	Arlanda T4
	11.30	Assembly all players	Bosön
	14.00-20.00	Off ice practice/tests	Bosön
Fri. May 24	07.30	Breakfast	Hotel Roslagen
	08.15-09.15	Ice practice, goalie	Contigahallen
	09.30-10.45	Ice practice, yellow	Contigahallen
	14.30-15.20	Ice practice, yellow	Contigahallen
	15.30-16.30	Ice practice, goalie	Contigahallen
	18.00	GAME YELLOW – BLUE (3x15 min)	Contigahallen
Sat. May 25	07.30	Breakfast	Hotel Roslagen
	08.15-09.15	Ice practice, goalie	Contigahallen
	11.00-12.15	Ice practice, yellow	Contigahallen
	15.30-16.30	Ice practice, goalie	Contigahallen
	18.00	GAME YELLOW – BLUE (3x15 min)	Contigahallen
Sun. May 26	07.30	Breakfast	Hotel Roslagen
	13.00-13.30	Ice practice, goalie	Contigahallen
	13.45-15.00	Ice practice, yellow	Contigahallen
	18.00-18.30	Ice practice, goalie	Contigahallen
	18.45-20.00	Ice practice, yellow	Contigahallen
Mon. May 27	07.30	Breakfast	Hotel Roslagen
	08.30-09.30	Ice practice, goalie	Contigahallen
	10.00	GAME YELLOW – BLUE (3x15 min)	Contigahallen
	14.00	Home journeys	

All meals except breakfast will be served at Roslagens Sportrestaurang, Norrtälje Sportcentrum

You will have a daily schedule in the locker room, with all activities for the day