



TEAM SWEDEN

5 Nations Tournament in Ufa,
Russia, during February 2-9 2020



TEAM 17

Date	Time	Activity	Venue
Sun. Feb 2		Assembly	Airport
		Dinner	Airport
Mon Feb 3	00.45	Departure	Airport
	05.00	Arrival	
	09.10	Departure	Airport
	13.25	Arrival	
		Bus to arena and Hotel	
		Check in and lunch	Hotel
	18.30-19.30	Ice practice Dinner	Ufa Arena Hotel
Tue. Feb 4		Breakfast	Hotel
		Ice practice	Ufa Arena
		Lunch	Hotel
		Dinner	Hotel
		Evening snack	Hotel
Wed. Feb 5		Breakfast	Hotel
	11.00-11.45	Ice practice	Ufa Arena
	12.45	Lunch	Hotel
	16.00	Pre game meal	Hotel
	19.00	GAME RUS – SWE	Ufa Arena
	~22.00	Dinner	Hotel
Thu. Feb 6		Breakfast	Hotel
	09.00-09.45	Ice practice	Ufa Arena
	10.30	Lunch	Hotel
	12.30	Pre game snack	Hotel
	15.00	GAME SWE – USA	Ufa Arena
	~18.00	Dinner	Hotel
	21.30	Evening snack	Hotel
Fri. Feb 7		Breakfast	Hotel
	08.00-08.45	Ice practice	Ufa Arena
		Snack	Hotel
	12.00	Lunch	Hotel
	15.00	GAME CZE – SWE	Ufa Arena
	~18.00	Dinner	Hotel
	21.30	Evening snack	Hotel
Sat. Feb 8		Breakfast	Hotel
	09.00-09.45	Ice practice	Ufa Arena
	10.30	Lunch	Hotel
	12.30	Pre game snack	Hotel
	15.00	GAME SWE – FIN	Ufa Arena
	~18.00	Dinner	Hotel
	21.30	Evening snack	Hotel

Sun. Feb 9

	Breakfast	Hotel
	Bus to airport	
08.25	Departure	Airport
08.45	Arrival	
11.25	Departure	Airport
11.45	Arrival	Airport
	Home journeys	

Team leaders

Team Manager	Eriksson Daniel
Head Coach	Eriksén Anders
Assistant Coach	Hävelid Niclas
Goalie Coach	Alm Viktor
Video Coach	Vieweg Matheus
Physiotherapist	Ohlsson Erik
Equipment Manager	Sahlins Peter