



TEAM 16

Elit camp in Munkfors,
during December 1-4, 2022

PRELIMINARY SCHEDULE

Thu. Dec 1	TBA	Bus from Stockholm, see travel plan	
	13.30	Assembly	Munkfors Arena
blue	15.00-15.30	Ice practice, goalie Arena	
blue	15.30-16.50	Ice practice	Arena
yellow	18.15-18.45	Ice practice, goalie Arena	
yellow	18.45-20.05	Ice practice	Arena
Fre. Dec 2			
yellow	09.00-09.30	Ice practice, goalie Arena	
yellow	09.30-10.20	Ice practice	Arena
blue	10.35-11.25	Ice practice	Arena
blue	13.00-13.25	Ice practice, goalie Arena	
blue	13.25-14.25	Ice practice	Arena5
yellow	14.40-15.40	Ice practice	Arena
	18.35	GAME Team Yellow – Team Blue, 3x15 min	Arena
Sat. Dec 3			
	08.00-08.45	Ice practice, goalie Arena	
blue	09.00-10.00	Ice practice	Arena
yellow	10.30-11.30	Ice practice	Arena
	14.05	GAME Team Yellow – Team Blue, 3x15 min	Arena
Sun. Dec 4			
	09.00-09.30	Ice practice, goalie Arena	
	10.10	GAME Team Blue – Team Yellow, 3x15 min	Arena
	12.00	Lunch	
		Bus to Stockholm and home journeys	

You will have a daily schedule in the locker room, with all activities

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