



TEAM 16

Elit camp in Furudal,
during December 1-4, 2022

Thu. Dec 1	TBA	Bus from Stockholm, see travel plan	
	12.30	Assembly	Furudal Hockeycenter
blue	14.00-14.30	Ice practice, goalie Arena	
blue	14.30-15.50	Ice practice	Arena
yellow	17.45-18.15	Ice practice, goalie Arena	
yellow	18.15-19.35	Ice practice	Arena
Fri. Dec 2			
yellow	09.00-09.30	Ice practice, goalie Arena	
yellow	09.30-10.20	Ice practice	Arena
blue	10.30-11.20	Ice practice	Arena
blue	13.00-13.30	Ice practice, goalie Arena	
blue	13.30-14.20	Ice practice	Arena5
yellow	14.30-15.20	Ice practice	Arena
	18.35	GAME Team Yellow – Team Blue, 3x15 min	Arena
Sat. Dec 3			
	08.00-08.45	Ice practice, goalie Arena	
blue	09.00-09.50	Ice practice	Arena
yellow	10.30-11.20	Ice practice	Arena
	14.05	GAME Team Yellow – Team Blue, 3x15 min	Arena
Sun. Dec 4			
	09.00-09.30	Ice practice, goalie Arena	
	10.10	GAME Team Blue – Team Yellow, 3x15 min	Arena
	12.00	Lunch	
		Bus to Stockholm and home journeys	

You will have a daily schedule in the locker room, with all activities